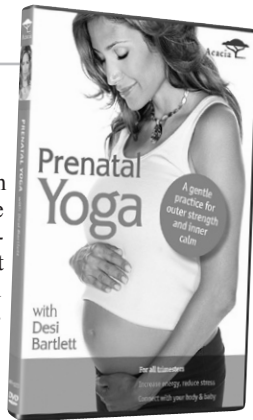


Expecting Yoginis

Well aware of the stresses that come with baby, mothers may want to learn to breathe easier during pregnancy. The DVD *Prenatal Yoga with Desi Bartlett* aims to connect mother and baby through exercises aimed at relieving stress, reducing fatigue and improving breathing. The DVD runs about 45 minutes. Find it at www.aciacatalog.com and where fitness videos are sold.



comeback in fashionable ways. Happy Heiny's manufactures reusable cloth diapers that come in a variety of sizes and colors, limiting the stockpile of dirty diapers that collects in the trash. To learn more or order, log onto www.happyheiny.com.

Enjoy the Breeze, Avoid the Sneeze

A breeze on a summer's day is delightful, until red eyes and a runny nose set in. To people suffering from allergies, don't lock yourself in the house just yet. Striving to stamp out allergens is PollenTec. This screen, which installs onto windows and doors, stops airborne allergens from getting into your home while letting you enjoy the seasonal weather. See www.pollentec.com to learn more.

Healthy Feet are Happy Feet

Summer weather means treading more miles in sandals and peep-toe shoes. Whether your feet need extra attention from running or merely because you want them to look good no matter what footwear you're sporting, AmLactin has released a foot cream that leaves your feet feeling like they're at the spa. AmLactin's Foot Cream Therapy features a high concentration of lactic acid, proven to exfoliate even the driest and most dehydrated feet. AmLactin products are available at pharmacies nationwide.



Natural Protection

Before splurging on overpriced sunscreens, slather on Nature's Gate Kid's Sunblocks. These mineral and vegan-certified sunblocks are available in SPF 20 and 30. The sunblocks come in fragrance-free and Gigglesberry scent varieties. Find Nature's Gate Sunblocks at health and natural food stores or at www.natures-gate.com.



Brain Juice

Juicy Juice has launched two new beverages that offer immense health benefits while pleasing children's taste buds. Juicy Juice Immunity and Juicy Juice Brain Development contain vitamins and nutrients, such as DHA or prebiotic fiber, to aid in a child's growth and development. Juicy Juice is available in local supermarkets.

What's for Dinner?

Turn your child into a nutritious gourmet chef by purchasing *Junior Leagues In the Kitchen with Kids* (The Cookbook Marketplace). Written by children for children, the cookbook helps readers prepare healthy meals to be enjoyed by the whole family. Some of the sweet and savory recipes include Berry Healthy Banana and Blueberry Pancakes and Sweet Potato French Fries. To purchase the cookbook, visit www.amazon.com.

Mane Attraction

'Tis the season of summer camp, endless playdates and, unfortunately, bugs. Lucky for us, Happyheads has created a new Happy Camper Head Lice Prevention Kit to keep pesky critters out of your child's hair. The kit features gels, sprays, oils, a comb and tips for avoiding lice this summer. To purchase the kit, visit www.happyheadsproducts.com.

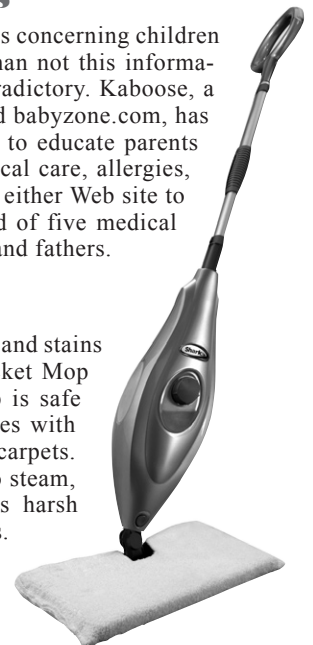
Check Your Facts

Parents are bombarded with statistics concerning children on a daily basis, and more times than not this information can become confusing or contradictory. Kaboose, a company that runs kaboose.com and babyzone.com, has launched a medical advisory board to educate parents on important subjects such as medical care, allergies, medicine and maternal health. Visit either Web site to access the medical board composed of five medical experts who moonlight as mothers and fathers.



Steam Cleaning

Multi-task while wiping away spills and stains by using the new Shark Steam Pocket Mop that cleans and sanitizes. The mop is safe on all hard floor surfaces and comes with a carpet glider to clean rugs and carpets. Insert tap water to allow the mop to steam, sanitizing the areas around it sans harsh chemicals found in other cleaners. The Shark Steam Pocket Mop is available at fine retailers.



Green Diapers

Cloth diapers used to be a thing of the past. But in today's environmentally-conscious society, the washable diapers are making a